

Women as Well as Men Are Made Miserable by Kidney Trouble.

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kidneys are out of order or diseased.

Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys. If the child urinates too often, if the urine is scanty or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose.

Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of Swamp-Root is soon realized. It is sold by druggists, in fifty-cent and one dollar sizes. You may have a sample bottle by mail free, also pamphlet telling all about it, including many of the thousands of testimonials received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and mention this paper.

OUR NEIGHBORS.

Representative Hughes called at the war department and was advised by the chief of engineers that the department will be prepared in a few days to let the contracts for the construction of dam No. 1 at Tug Fork of the Big Sandy.

Representative Hughes, of West Virginia, has introduced a bill authorizing the Williamson Coal Company to bridge the Tug Fork of Big Sandy river near Williamson, where the boundary is formed between Kentucky and West Virginia.

Buffalo Shoals now has two postoffices, one on either side of Twelve Pole. The new office, which is on the side of the river that the railroad is on, is called Iverson. Lewis DeFoe is postmaster at Iverson.—Ceredo Advance.

A. B. Johnson and S. E. Rooby, counsel for the C. & O. Railroad, and C. A. Wilson, of Cincinnati, the chief engineer, called at the War Department to confer with the officials in regard to the construction of the Ohio River at Trontown.

West Liberty, Ky., Jan. 20.—Leonard Stamper, of Wolfe county, was arrested yesterday and lodged in jail at this place. He is charged with robbing the mail route from Canaan City to Hazel Green. He was the carrier and claims he is only fourteen years old.

It is rumored that four prominent Democrats of this State will meet in joint debate and discuss the Tax Commission's report in three or four of the large towns of the State. Judge John H. Holt and Hon. Henry G. Davis will speak in favor of the report and Hon. O. S. Mc Kinney and Hon. Stewart Walker will oppose the consideration of the report. It will be an interesting discussion.—Ceredo Advance.

A telegram to the Herald announces the arrival of a fine boy at No. 81 East avenue, Rochester New York. Mr. and Mrs. W. W. Roy.

Sick Blood

Feed pale girls on Scott's Emulsion.

We do not need to give all the reasons why Scott's Emulsion restores the strength and flesh and color of good health to those who suffer from sick blood.

The fact that it is the best preparation of Cod Liver Oil, rich in nutrition, full of healthy stimulation is a suggestion as to why it does what it does.

Scott's Emulsion presents Cod Liver Oil at its best, fullest in strength, least in taste.

Young women in their "teens" are permanently cured of the peculiar disease of the blood which shows itself in paleness, weakness and nervousness, by regular treatment with Scott's Emulsion.

It is a true blood food and is naturally adapted to the cure of the blood sickness from which so many young women suffer.

We will be glad to send a sample to any sufferer.

Be sure that this picture in the form of a label is on the wrapper of every bottle of Scott's Emulsion.

SCOTT'S EMULSION, Chemists, 409 Pearl St., New York.

Ask your druggist for a free Penny Almanac for 1904.

The Secret of Long Life and How to Overcome Waste.

To "Keep Yourself" is to take advantage of the life secrets and equip oneself with an armor which will protect the system in the battle of life.

The old idea of fate "killing" and that a person always dies when his time comes, is now exploded. Every mechanism, whether made by God or man, has a definite amount of wear and its life can be lengthened or shortened according to the care that is given it. If an accident or careless neglect destroys the works of the watch or the human mechanism an end comes to its usefulness, but it is not actually "killed."

Man's system at times gets rusty like the wheels of the watch and only needs a little cleaning and oiling to put it in shape for life's battle. An initiation of nature's method of restoring waste of tissue and impoverishment of the blood and nervous force is used when you take an alternative extract of herbs and roots, without the aid of alcohol, like Dr. Pierce's Golden Medical Discovery. This vegetable medicine coaxes the digestive functions and helps in the assimilation of food, or rather enables the organs to take from the food just the nutrient the blood requires.

Prof. J. E. Thompson, of St. Peter Street, Quebec, writes: "I had been ill for some time with La Grippe and did not regain my strength. While in a week after using Dr. Pierce's Golden Medical Discovery, I was able to be around again, and I found that my system was entirely free from any of the bad effects of La Grippe. I now have a better and more robust health. As a builder up of lost strength and vitality, I do not believe your 'Discovery' has an equal. Accept no substitute for Golden Medical Discovery. There is nothing 'just as good' for disease of the stomach. Dr. Pierce's Pleasant Pellets, the best laxative for old people. They cure constipation and biliousness.

C. S. Arthur and Hiram Lambert have purchased the Silver Side grist mill from Calvin & Miller.

Misses Maud Hewlett and Esau Barrett attended the Quarterly meeting at Fallsburg Saturday and Sunday.

V. B. Shortridge has quit dealing in stock and gone to hauling sawlogs.

Maud Handley was visiting relatives at Bolts Fork Monday. The people of our community were greatly shocked to hear of the death of William Shortridge, who died of smallpox at Ashland.

Willie Queen is on the sick list this week.

Miss Bertha Riffe, who has been visiting at Fort Gay, W. Va., returned home Saturday accompanied by her sister, Mrs. Ida Lockwood.

Ben Giles, of Brammer Gap, was here Tuesday.

Miss Carrie Riffe, who has been confined to her room with a gripple is able to be out again.

C. T. Miller has built an addition to his store for the purpose of dealing in furniture and hardware.

Jack.

Tendency of the times.

The tendency of medical science is toward preventive measures. The best thought of the world is being given to the subject. It is easier and better to prevent than to cure. It has been fully demonstrated that pneumonia, one of the most dangerous diseases, which medical men have to contend with, can be prevented by the use of Chamberlain's Cough Remedy. Pneumonia always results from a cold or from an attack of influenza (grippe) and it has been observed that this remedy counteracts any tendency of these diseases toward pneumonia. This has been fully proven in many thousands of cases in which this remedy has been used during the great prevalence of colds and grip in recent years, and can be relied upon with implicit confidence. Pneumonia often results from a slight cold when no danger is apprehended until it is suddenly discovered that there is fever and difficulty in breathing and pains in the chest, then it is announced that the patient has pneumonia. Be on the safe side and take Chamberlain's Cough Remedy as soon as the cold is contracted. It always cures. For sale by A. M. Hughes.

Want to Sell Your Farm?

Numerous inquiries are still coming to the Big Sandy News from persons wanting to buy farms in this county. Those who want to sell will do well to send us full description and lowest price immediately.

Greenup, Ky., Jan. 25.—The party composed of M. E. Bryant, of Minneapolis; T. J. Bryant, of Indianapolis; L. T. Kent, of Chicago; Taylor Warnock, of Locust Grove, O.; Dr. H. H. Warnock, of Portsmouth, O., have returned from the Elliott-county diamond fields. They are very enthusiastic over the outlook and are confident it is a rich field. They brought back many beautiful specimens of what seems to be precious crystals of a golden-green shade. The preliminary investigating party bored into a mountain seventy feet, and took out some very beautiful specimens from the excavation. It is expected that the company known as the Kentucky Diamond Mining and Development Company will get their machinery on the grounds in the next sixty days.

Rise early, retire early and fill your day with work.

Enough sleep repairs waste and strengthens; too much sleep softens and enfeebles.

A clean and cheerful house makes a happy home.

Frugality and sobriety form the best elixir of longevity.

Foley's Honey and Tar cures the cough caused by attack of La Grippe. It heals the lungs. Louisa Drug Co.

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CADMUS.

Several from here attended the quarterly meeting at Fallsburg Sunday.

W. V. Roberts is on the sick list. Miss Pearl James, who has been visiting her brother, Mr. Bud James, has returned home to Pike.

J. W. Ekins, passed through here enroute to Webbville on professional business one day last week.

Misses Lora and Dora Roberts visited Lillian Chambers Sunday. Late Marcum, ear blacksmith, has moved to Yatesville. We are sorry to see him go.

James Jordan, of Morgan creek, has sold his farm to J. A. Adkins, and will move on Bonded Vanhorn's farm.

Tim Chadwick made a flying trip to Samuel Short's to buy a violin.

Miss Rosa Ekers called on her brother at Fallsburg Wednesday. David Carter will soon leave us and move to the hickory ridge.

Miss Emma Short and brothers, Land and George, visited A. D. Harmon Saturday.

Logan Cooksey is attending school at Fallsburg.

There was a surprise wedding near Yatesville Jan. 19, at the home of the bride, Miss Fannie Saiters to Mr. Sherman Boggs, of Louisa. We wish them a long and happy life.

Jay Yates was on our creek Saturday.

Thorp Ramey made a business trip to H. B. Hewlett's recently.

J. M. Bentley and son Willie passed up our creek going to Webbville.

Let us hear from Spunk and the Two chums.

Onion Eaters.

Better Than Gold.

"I was troubled for several years with chronic indigestion and nervous debility," writes F. J. Green, of Lancaster, N. H. "No remedy helped me until I began using Electric Bitters, which did me more good than all the medicines I ever used. They have also kept my wife in excellent health for years. She says Electric Bitters are just splendid for female troubles; that they are a grand tonic and invigorator for weak, run down women. No other medicine can take its place in our family." Try them. Only 50c. Satisfaction guaranteed by A. M. Hughes.

Water and bread maintain life; pure air and sunshine are indispensable to health.

Escaped an Awful Fate.

Mr. H. Higgins, of Melbourne, Fla., writes: "My doctor told me that Consumption and nothing could be done for me. I was given up to die. The offer of a free trial bottle of Dr. King's New Discovery for Consumption, induced me to try it. Results were startling. I am now on the road to recovery and owe all to Dr. King's New Discovery. It surely saved my life. This great cure is advertised for all throat and lung diseases by A. M. Hughes, Druggist. Price 50c & \$1.00. Trial bottles free.

ULYSSES.

The sick of our neighborhood are all convalescing.

Died, on the 20th Inst. of consumption, Mrs. Katie Boyd, aged 35 years, wife of Robert Boyd of Hannah Chapel. She patiently endured her suffering and was ready when the summons came. She leaves two daughters one 10 and one 16 yrs old, and a husband and many friends and relatives to mourn for her. The burial took place at her father's, wash Daniels, on Daniels branch. The sympathy of all the neighborhood is extended to the bereaved.

On last Monday Mattie, the little 6 yr. old girl of Sherman Boyd, was burned to death. Her clothing caught fire and before assistance reached her she was burned almost to a crisp. Her step mother tried to put out her burning clothes, but failed. She was buried in the family grave yard Wednesday. The parents and friends have our deepest sympathy in their affliction.

We have another wedding to report, James Boyd and Miss Mary Castle were married at Chestnut Grove Sunday 12 Inst.

Jas. M. Morrison of Wayne county, visited his cousin, Jas. Morrison of this place recently.

Rev. Naaman Borders, of Hustler, W. Va., preached at Walnut Grove Friday night. He and Mr. Morrison were on their way to the Daniels creek quarterly meeting.

Mike Borders has moved for a temporary stay to the cold water fork of Rock Castle to work at a crosscut job.

John R. Preston, of Borders Chapel, has bought E. Preston's store at the mouth of Georges creek and will soon engage in the mercantile business. We hope he will succeed in his chosen vocation.

Frank Allen, the hustling merchant at Walnut Grove, is doing a good business.

Mrs. Frances Daniels, of Lost creek, called on Mrs. Mary Hannah Thursday.

Rev. Albert George of Springville is visiting relatives here.

Miss Tella Hannah, of Ulysses, went to Little Blaine Sunday.

DONITHAN.

Married, at the home of the bride Jan. 20th, by Rev. Strober Patrick, Mr. Creed Marcum to Miss Laura Thompson. May joy and happiness be theirs.

John Kirk and Frank James passed down our creek Sunday.

Quite a number of young folks attended church Saturday night and Sunday.

Mrs. Belle Vinson is staying with her grandmother, Mrs. Vinson, who is sick.

Miss Ella Harvey called on Miss Herma Vinson Saturday night.

Mrs. Lucy Lambert and daughter Minnie have returned to Torchlight.

Bro. Hewlett failed to fill his appointment here Saturday night and Sunday on account of sickness. Other ministers were present and filled his place. We wish him a speedy recovery.

J. H. Kirk has quit hauling for a few days on account of bad weather.

Carl Crompton and John Sammons, of Summit, attended church here Saturday night and Sunday.

Mrs. M. J. Vinson is contemplating a visit to Effie, W. Va., soon.

Newcomer.

GERMAN SYRUP.

We want to impress on our readers that Bocher's German Syrup is positively the only preparation on the market today that does relieve and cure constipation. It contains the specific, such as purest, extracts of gums, etc., which have been so highly endorsed for the cure of coughs, colds and consumption by the great medical congresses. The consumptive, whether his disease be in the throat or lungs, must have rest at night, and be free from the spasms of dry and hacking cough in the morning. The diseased parts want rest; healing and soothing treatment, and the patient needs fresh air, good food, etc. German Syrup will give free and easy expectoration in the morning with speed and permanent relief. Small bottles 25 cents; regular size, containing nearly four times as much, 75 cents. At all drug-gists.

POLLYS CHAPEL.

Mrs. Jake Arington is on the sick list.

Miss Cora Webb, of Oliveville, was calling on friends here last week.

There is a protracted meeting going on at Polly's Chapel with great attendance.

George Jobs is on the sick list. Prof. Dave Thompson, of Mattie, was calling on friends at this place the past week.

We are glad to say Harry Chaffin is able to be out again.

Mat Browning, of Yatesville, is going to move to our vicinity.

Mrs. Henry Holbrook is on the sick list.

Frank Kiser, of Osie, has been calling on friends here the past few days.

Miss Jettie Adams, of Osie, was calling on her sister here last week.

Grover Webb is wielding the yard stick in Covey Adams store.

Virgie Large was calling on relatives at Polys Chapel last week.

John Kitchen and Howard Webb are employed to work in the hoop factory, for Sanford Pennington.

Rosa Pennington has gone to make her home at Monroe Webb's awhile.

Harve Kelley and Cephas Adams were calling on Lindsey Webb the past week.

Wallace Large was calling on friends at Daniels Creek Sunday.

A. J. Webb has moved his grist mill from this place to Oliveville.

Let us hear from different points through the News. Blue Eyes.

TWIN BRANCH.

The sick folks of our community are improving very nicely.

"Which I Now Hold"

The man who wrote these words couldn't have expressed the sense of possession more forcibly. The holding was a paid-up fifteen-payment life, fifteen-year distribution policy in The Mutual Life Insurance Company of New York and Mr. The Walter, of Clarksville, Del., had just received a dividend of \$194.95 in cash. He was evidently very happy over it for he says (besides acknowledging the dividend):

The last end of the paid-up portion of \$194.95 which I have held, and on which I will be paid a dividend each year during the balance of my life, is \$194.95. The interest that I pay myself, the cash and policy value the policy I hold, the share I get, and that during the balance of my life, which is nothing less than my life.

In writing for a policy of this kind, state what you would like to receive in cash at the end of limited payment period, amount you would like your beneficiary to receive in event of your death, and give your age.

THE MUTUAL LIFE INSURANCE COMPANY OF NEW YORK

ROBERT A. McCORMACK, President.

F. H. YATES, Dist. Mgr., Louisa, Ky.

Laughlin Fountain Pen

IS THE PEER OF ALL PENS AND HAS NO EQUAL ANYWHERE.

FINEST GRADE INK. GOLD PEN.

YOUR CHOICE OF THESE TWO POPULAR STYLES FOR ONLY

\$1.00

SUPERIOR TO OTHER MAKES AT \$3

The Laughlin Fountain Pen is made of the finest quality materials, is fitted with highest grade, large size, 14, gold pen, of any desired flexibility, and has the most perfect feeding device known. Filler style, richly gold mounted, for fountain pen use, \$1.25 extra. (Note: This pen will not be able to secure anything at less than the price that will give such a complete pleasure and service.

For Sale by Conley's Store

NEW PREMIUM OFFER.

Big Sandy News Will Distribute More Gifts Amongst Its Subscribers.

On Feb. 20th, 1904, we will distribute the following five premiums:

1. Lady's or Gent's Fine Watch and Chain.

2. Sewing Machine.

3. Latest Webster's International Dictionary, price \$12.50; or 10-volume set Chas. Dickens' works, bound in cloth; or 12-volume set Sir Walter Scott's Waverley novels.

4. One set each of Rogers Bros. Silver knives, forks and tea spoons.

5. Fancy \$10 enameled iron clock, 8-day.

When you feel blue and that everything goes wrong, take a dose of Chamberlain's Stomach and Liver Tablets. They will cleanse and invigorate your stomach, regulate your bowels, give you a relish for your food and make you feel that in this old world is a good place to live. For sale by A. M. Hughes.

To Our Correspondents.

We have received several letters for publication recently that were not accompanied by the name of the writer. Most of them were new and we declined to omit them from our columns; but, as stated heretofore a few hundred times, we can not publish such letters. Unscrupulous persons often try to take advantage of us in this way, writing letters made up of false and hurtful statements. This is why we are compelled to have the author's name with each and every letter sent in. We do not publish the names, of course, but use fictitious signatures in the paper.

The scratch of a pin may cause the loss of a limb or even death when blood poisoning results from the injury. All danger of this may be avoided, however, by promptly applying Chamberlain's Pain Balm. It is an antiseptic and quick healing liniment for cuts, bruises and burns. For sale by A. M. Hughes.

Assignee's Sitings.

The creditors of S. J. Picklesimer will take notice that on February 9, 1904, at the Law office of O'Neal & Carter in Louisa, Ky., I will receive claims against the estate of S. J. Picklesimer. Any creditor failing to present his claim as required by law will be deemed to have waived his right to any part of the assigned estate. W. D. O'NEAL, Jr., Assignee.

To Cure a Cold in One Day Take Laxative Broom Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Groves' signature is on each box 25 cents.

Do you gain your living by your intellect? Then do not allow your arms and legs to grow stiff. Do you earn your bread by your pickaxe? Do not forget to cultivate your mind and to enlarge your thought.

Cleanliness prevents rust; the best cared for machines last the longest.

C. & O. Chesapeake & Ohio R'y

KENTUCKY DIVISION. MID SANDY DISTRICT.

Westward Stations Eastward

39 37 Stations 36 38

00 00 Whitehouse 11 55 15

00 00 Richardson 11 55 15

00 00 Peach Orchard 10 54

1 30 05 Richardson 10 57 52

1 40 55 George Cr. 10 57 52

1 45 35 Elletts 10 54 00

1 50 50 Gallipoli 10 55 25

1 55 50 Chapman 10 56 25

2